

ARE YOU CONCERNED?

Do you know an adult who is being treated badly, taken advantage of, or injured?

If so, call the **Ask SAL Helpline**

08452 66 66 63

Who is a vulnerable adult?

Someone in need of help because of a disability, illness or age and is unable to take care of themselves or stop someone else from harming or exploiting them.

What is abuse?

Abuse may be:

- Neglect
- Physical abuse
- Financial abuse
- Sexual abuse
- Psychological/Emotional abuse
- Discriminatory abuse
- Institutional abuse

If you would like this poster in an alternative format such as another language or Easy Read, please email info@asksal.org.uk

ask

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Keeping adults safe across Essex

www.asksal.org.uk

To receive this information in a text message, text ASKSAL to 60777 (Text messages will be charged at your standard network rate).

(Calls from BT landlines will be charged at local rate)